

2023 East Tennessee
Polar Plunge



Take the PLUNGE

January 1, 2023 at Tellico Lake in Loudon, TN
and help us keep
East Tennessee Beautiful!

ARE YOU UP FOR THE CHALLENGE?

Join other courageous folks and jump into the chilly waters at 12:00 noon on New Year's Day, January 1, 2023. Not only will it be for a good cause, but it's a great way for the entire family to start off 2023!

PLUNGE FOR A GOOD CAUSE

The Monroe County Tourism Department and Visit Loudon County will be hosting the annual East Tennessee Polar Plunge on January 1, 2023 on Tellico Lake at the Poplar Springs Boat Ramp in Loudon, TN.

Proceeds from the event will go to the Watershed Association of the Tellico Reservoir to help in their efforts to protect the Tellico Reservoir.

CALL:

865.458.2067

REGISTER AT:

www.easttnpolarplunge.com

MORE CONTACT INFO:

info@visitloudoncounty.com
www.easttnpolarplunge.com